



**Physical Activity Program Officer
Indigenous Services Canada - First Nations and Inuit Health Branch
Montreal (QC)**

Description of the company

Indigenous Services Canada (ISC) works with partners to improve access to high quality services for First Nations, Inuit and Métis people. The department's vision is to support and empower Indigenous people so that they can independently deliver services and address the diverse socioeconomic conditions in their communities. First Nations and Inuit Health Branch (FNIHB) regional offices are located in every province, with the exception of the Atlantic Provinces, which are represented by the Atlantic Region.

The First Nations and Inuit Health Branch - Quebec Region (FNIHB-QC) supports the delivery of health and health promotion services in First Nations and Inuit communities.

Job Description

Act as a physical activity specialist for the Quebec region and develop a vision, strategic positioning, resources, training and partnerships. Provide support, training and capacity building for all First Nations and Inuit communities in Quebec.

Main tasks

As a physical activity expert, provide advice and technical assistance to health care workers to increase knowledge and skills related to good physical activity practices, and foster capacity building in First Nations, Inuit and Cree communities;

Support communities with technical knowledge, evidence, new guidelines for different age groups, exercise to do with their clientele and any other needs expressed.

Provide capacity building through one-on-one meetings, events, forums and develop presentations and training sessions related to best practices in physical activity, healthy lifestyles and the tobacco strategy for community stakeholders, Quebec Region colleagues, partners, intersectoral committees, etc.

Work with various health sectors to promote physical activity and to do primary and secondary prevention of type 2 diabetes, chronic diseases and tobacco control (e.g., mental health, nursing, child and youth sectors, etc.).



Lead/Participate in the planning, development, implementation of programs, strategies, projects and capacity building related to physical activity, physically active living, healthy living, health promotion, prevention, and tobacco control.

Coordinate the development and implementation of policies, standards and guidelines related to physical activity, tobacco control and healthy lifestyles relevant to First Nations and Inuit communities.

Provide strategic advice in the national and regional planning cycle to ensure that Quebec's tobacco control and healthy lifestyle (physical activity) issues are taken into account in departmental plans.

Leads/participates in the work of project teams, working groups, national committees that develop strategies, plans, program standards, or develop, implement, monitor and evaluate programs and analyze progress, issues and trends.

Analyze and follow up on programming in the areas of physical activity, healthy lifestyles and tobacco control. Develop and implement performance indicators, data analysis and evaluate activities against established objectives and indicators/plans;

Participate in the Healthy Living and Healthy Child development interdisciplinary teams. Participate in research, data collection, development of documentary resources, evaluation, analysis of health programming, in order to support community health plans.

Participate in the negotiation, review and administration of contribution agreements. Recommend a funding approach based on program requirements and community capacity. Analyze financial and activity reports and recommend/approve as appropriate.

Promote community mobilization and support non-treaty First Nations communities in Quebec in setting up round tables on physical activity and healthy living.

Design, coordinate and/or validate the development or revision of content, materials, printed or audiovisual resources, guides, teaching aids and reference and promotional materials.

Promote the development of Enabling Environments by conducting community-based training and sensitization with colleagues in the region.

Answer oral and written requests for information; draft responses to questions and issues on behalf of management; research and prepare briefing materials, correspondence, briefing notes and reports on initiatives and activities to assist First Nations and Inuit to improve their health through regular physical activity, healthy lifestyles and tobacco control.

Liaise and maintain relationships with representatives from government departments, various levels of government, private sector agencies and organizations, and NGOs to discuss their needs and views with respect to the development of physical activity and program delivery processes and mechanisms.



Provide advice, information and interpretation to regional and national management on the development and implementation of the Tobacco Control Strategy.

Job Requirements

- Bachelor's degree in Kinesiology
- Public health knowledge related to prevention and health promotion
- Knowledge of clinical intervention with various clientele (seniors, children, reduced mobility, etc.)
- Hold a valid driver's license in the province of Quebec.
- Be willing to travel frequently in Quebec's Indigenous communities.
- Be willing to travel occasionally in Quebec and/or Canada

In accordance with the Aboriginal Employment Program (AEP), in order to strategically increase the representation of Indigenous people in areas that have the greatest impact on program delivery and health outcomes of the First Nations and Inuit Health Branch (FNIHB) target population, selection may be limited to candidates who self-identify as Indigenous. Indigenous applicants must use the Affirmation of Indigenous Affiliation Form (AAAF).

For any questions or to submit your application, please contact Nassira Hafidi at:

nassira.hafidi@canada.ca